

In the specification as follows:

This application ~~is a continuation-in-part of~~ claims the benefit of ~~Provisional U.S.~~  
~~Provisional~~ Patent Application No. 60/265,204, filed January 30, 2001; ~~Provisional U.S.~~  
~~Provisional~~ Patent Application No. 60/265,214, filed January 30, 2001; and ~~Provisional U.S.~~  
~~Provisional~~ Patent Application No. ~~←"Methods for Physiological Monitoring, Training and~~  
~~Regulation"→~~ 60/350,211, filed November 2, 2001, each of which are incorporated herein in their  
entirety.